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Joan Kaylor, M.S.Ed., LPC, NCC

Licensed Professional Counselor, LLC

Professional Profile

- Licensed Professional Counselor, Master of Science in Education, and National Certified Counselor with clinical expertise in the treatment of anxiety disorders, obsessive-compulsive disorder and trichotillomania.

Pennsylvania License Number # PC000222
Dipomate in Comprehensive Energy Psychology (DCEP)
TATLife® Certified Professional and Trainer

Clinical Experience

- March 2005 to present: Private Practice 157 Waterdam Road, Suite 260, McMurray, PA 15317
- September 1994-March 2005 - South Hills Interfaith Ministries-South Park, PA Private practice with South Hills Interfaith Ministries' Family Counseling Center specializing in anxiety disorders, obsessive-compulsive disorder and trichotillomania., with children/teens and families.
- July 1994 to June 2000 Chartiers MH/MR Bridgeville, PA
Floating counselor throughout units including intake, adult residential treatment program, student assistance program, and long term structured residential treatment program for the elderly.

Guest Faculty

- Trichotillomania Learning Center Medical Conference – San Francisco, CA – April 2011, Energy Psychology for Body Focused Repetitive Behaviors
- Tapas Acupressure Technique – The Basics – University of Pittsburgh School of Social Work – January 21/22, 2011, June 5/6, 2009
- Trichotillomania Learning Center Medical conference, Boston, MA May 1, 2009
- Relax with Joan – executive producer Peters Township cable TV show November 2008 to present
- October 19, 2007 **Energy Psychology – The New Paradigm of Healing.** Pennsylvania Counseling Association 39th annual state conference, State College, PA
- October 12, 2007. **Energy Psychology – The New Paradigm for Healing.** University of Pittsburgh School of Social Work.
- Attracting Abundance, The Pleasure of Weight Loss, Changing Seasons Learning Center, workshops conducted on a regular basis
- Energy Psychology for the 21st Century – Carnegie Mellon University Adult Learning Series
- How to Start a Private Practice – California University of Pennsylvania – May 2006 and 2007
- California University of Pennsylvania – dinner honoring graduate counseling students – May 2007
- Duquesne University –Reception inducting new graduate counseling students

Community Teaching

into Chi Sigma Iota counseling honor society April 2007

- Peters Township Community Cable TV "Relax with Joan" November 2008 to present

Corporate Training and Professional Development

- Energy Psychology for Trichotillomania, How to Stay Motivated in Recovery – Trichotillomania Learning Center Medical Conference – Dallas, TX April 2010
- When A Bad Hair Day becomes A Bad Hair Life – The Experience and Treatment of Trichotillomania – ACA conference, Pittsburgh, PA March 22, 2010
- How to Start a Private Practice/Energy Psychology – Pennsylvania Counseling Association 41st State Conference October 2009
- Mellon Financial Services, Inc., Pittsburgh, PA November 2004
- Energy Psychology – The New Paradigm in Healing – June 19, 2007 Employee Assistance Professionals Association of Western Pennsylvania
- Workshop on How to Start and Maintain a Private Practice – 2005 Pennsylvania Counseling Association 37th annual conference
- Conduct workshops 2005 fall Trichotillomania Learning Center Retreat – Seattle Washington
- Conduct educational workshops on OCD and trichotillomania for national Obsessive-Compulsive Foundation and Trichotillomania Learning Center from November 1993 through and including July 2004
- Create and administrate toll free number for consumer education on obsessive-compulsive disorder and trichotillomania: 1-888-Heal-OCD
- Conduct consumer educational workshops for Solvay Pharmaceuticals October 1995, May 1997, June 1998
- Present Trichotillomania workshop at Pennsylvania Psychological Association 1998.
- Present workshops of "How to Stop the Compulsion to Fix" parent group and "God's Saving Grace" at 1998 through 2004 Trichotillomania Learning Center Retreat. Workshops taught at TLC retreats 2005, 2006
- Present children/teen trichotillomania support group, "How to be an advocate", "Success panel" at the Trichotillomania Learning Center 2000, 2001,2002,2003 conference in Washington D.C.
- Guest speaker 2004 Wesley Academy Graduation ceremonies
- Workshop "Life After Pulling" and "Tapas Acupressure for Hair Pulling" April 2004 and 2005, 2006 Trichotillomania Medical Conferences.

Education -

- Certified Tapas ® Acupressure Technique Professional and Trainer 2008
- May 1994 Duquesne University -Master of Science in Education ; M.S.Ed.
- October 1994 – National Certified Counselor designation (N.C.C.)
- May 1994 – Bachelor of Arts Muskingum College, New Concord, Ohio

Graduate and Post Graduate

- 1996 certified as cognitive-behavior therapist from Behavior Therapy Institute – Obsessive-Compulsive Foundation
- 1998 advanced OCD training in hoarding and pure obsessions from Gail Steketee, PhD., Randy Frost PhD., and Mark Freeston, PhD, from Behavior Therapy Institute through national Obsessive-Compulsive Foundation
- 2000 advanced OCD training in family therapy from Barbara VanNoppen, MSW, through Obsessive-compulsive Foundation
- Western Psychiatric Institute and Clinic – Anxiety Disorders Clinic Pittsburgh, PA 7/200

Publications

- Point of Light – Winter 2009 – Energy Psychology and Tapas Acupressure Technique
- Observer – Reporter of Washington County June 2007
- Almanac February 2004
- Washington Observer March 2004
- Pittsburgh Whirl Magazine April 2004
- Good Housekeeping Magazine March 1989 , 1996
- Pittsburgh Post Gazette, 1989, 1998, 2004
- Pittsburgh City Paper, 1999
- Pittsburgh Tribune Review - October 1999

Community Service

May 2010 Waynesburg University Graduate counseling program – CACREP Advisory Board

July 2009 to March 2010 – Chair PCA/ACA Conference Committee

May 2007 to 2008 – Past President – Pennsylvania Counseling Association

May 2006 - President - Pennsylvania Counseling Association

September 2005 to present – Treasurer – Obsessive Compulsive Foundation of Western Pennsylvania, Inc.

1999 Founder and President of the *Obsessive-Compulsive Foundation of Western Pennsylvania, Inc.*

1997 to 2005 Pennsylvania Counseling Association: Chair - Professional Development

1996 to 2002 serve on Trichotillomania Learning Center Board Directors as treasurer/board member

1991-1997 served on national Obsessive-Compulsive Foundation Board Directors

1997 to 1999: Project Hope administrator

1989 to present: founder and facilitate support groups for OCD and Trichotillomania.

Awards

2009 Pennsylvania Counseling Association President's Award

2005 Pennsylvania Counseling Association Eminent Practitioner

2004 Wesley Institute Odyssey Alumni Award

1993 – Chi Sigma Iota – Delta Upsilon Chapter-Professional Counseling Honorary Society

1995 and 1996 Chi Sigma Iota Presidents Award for work in Counselor Licensure in Pennsylvania

Memberships

Association for Comprehensive Energy Psychology

American Counseling Association

Pennsylvania Counseling Association

Obsessive-Compulsive Foundation

Obsessive-Compulsive Foundation of Western Pennsylvania, Inc.

Trichotillomania Learning Center

Biography

Joan Kaylor, M.S.Ed., L.P.C., NCC

Joan is a licensed professional counselor in private practice since 1994. She earned her Master of Science in Education from Duquesne University, Pittsburgh, Pennsylvania in May 1994. She earned her national board certification from the National Board of Certified Counselors in October 1994. She became a licensed professional counselor in February 2002.

Joan is founder and past president of the Obsessive Compulsive Foundation of Western Pennsylvania, an affiliate of the national Obsessive Compulsive Foundation. She has served on the board of directors of the International Obsessive Compulsive Disorders Foundation, the Obsessive Compulsive Foundation of Western Pennsylvania, The Trichotillomania Learning Center and

the Pennsylvania Counseling Association.

She is a member of the International and Western Pennsylvania affiliate of the Obsessive Compulsive Disorders Foundation, The Trichotillomania Learning Center, The American Counseling Association, The Pennsylvania Counseling Association and the Association of Comprehensive Energy Psychology.

Joan counsels individuals, children, families, and couples. She specializes in anxiety, OCD, Trichotillomania, Grief and Post Traumatic Stress Disorder. Joan lectures in Pittsburgh and across the country teaching Energy Psychology. Joan has been guest lecturer at California University of Pennsylvania, Carnegie Mellon University, Duquesne University and the University of Pittsburgh School of Social Work. Joan is a certified Tapas ® Acupressure Technique professional and trainer.